



2010

The Krempels Center is a nonprofit organization dedicated to improving the lives of people living with brain injury from trauma, tumor or stroke.
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MONTHLY SUPPORT GROUPS

Family Caregiver Support Group of the Krempels Center (FCSG) every Wednesday at 10am now in the Krempels North office on the second floor of the Community Campus, Portsmouth, NH. Facilitators are Pam Sollenberger, Nationally Certified Bereavement Counselor, and Lisa Hanson, Support and Resources Coordinator.




Seacoast Brain Injury Support Group (SBISG), March 2nd, at 7pm, every first Tuesday of the month, at the United Church of Christ, N. Hampton, NH. Call Lil @ 603.659.5769 for details.

Rochester Brain Injury Support Group (RBISG), March 11th, at 6pm, every second Thursday at Frisbee Memorial Hospital's Education Center, Rochester, NH. Call Paula @ 603.539.8718 for details.

March Wish List

Our Wish List is working!! A big thank you to Paul and Debra Grages for the DVD player!! It works like a charm and we so appreciate it.

We have also received donations to take members out for Friday Community Outings. A \$10 donation pays for one member for one outing. Make a member's day!! Call Carol, Barb, or Jenny at 603-430-7668 or email cdavis@krepelscenter.org for more information.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 OPEN 9AM-2PM	2 7PM (SBISG)	3 OPEN 9AM-2PM 10AM (FCSG)	4	5 OPEN 9AM-2PM	6
7	8 OPEN 9AM-2PM	9	10 OPEN 9AM-2PM 10AM (FCSG)	11 6PM (RBISG)	12 OPEN 9AM-2PM	13
14 	15 KREMPELS CENTER CLOSED	16	17  KREMPELS CENTER CLOSED	18	19 KREMPELS CENTER CLOSED	20 
21	22 OPEN 9AM-2PM	23	24 OPEN 9AM-2PM 10AM (FCSG)	25	26 OPEN 9AM-2PM	27
28	29 OPEN 9AM-2PM	30	31 OPEN 9AM-2PM 10AM (FCSG)	The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war.		

Get Involved in the Newsletter Group!!

After a long absence, our newsletter group has returned. Interns Noël, Lucas and Ashley are leading this group every Wednesday afternoon in the computer room. This is an opportunity to learn and practice writing, interviewing, and computer skills. It's also a chance to work together to create the first issue of the KC Times!



The plan is . . . the KC Times makes its debut before our March break. Check it out. Come with your enthusiasm and sense of fun and let's make it happen!