

Map & Directions
The Krempels Brain Injury Foundation,

**Directions and Map to The Krempels Brain Injury Foundation,
Family Support and SteppingStones at the Community Campus**

From I-95 North, or Route 16:

- Take Exit 5 to the Portsmouth Traffic Circle.
- Go halfway around the circle to Rt. 1 South Bypass. Follow Rt. 1 approximately 2.5 miles to West Road.
- You will pass 2 car dealerships, a Dunkin Donuts, McDonalds, and Market Basket, all on the right. After Market Basket, look for Service Credit Union on the right, and turn right just after it, onto West Road.
- Follow West Road to stop sign and continue straight. You are now on Campus Drive which ends at the Community Campus.
- Park in the first parking lot on your left and enter the building through the Main Entrance.

From Massachusetts, I-95 South or Route 101:

- Take I-95 North to Exit 3 (Route 33/Greenland). Turn right onto 33 and follow .9 miles to 2nd stoplight. (A large cemetery will be on your right.)
- Turn right at stoplight onto Peverly Hill Road and follow .9 miles. You will pass the YMCA and go through one stoplight. (Look for green Community Campus sign near Portsmouth Public Works).
- Turn right onto West Road and follow .7 miles to stop sign.
- Turn right at stop sign onto Campus Drive which ends at the Community Campus.
- Park in the first parking lot on your left and enter the building through the Main Entrance.

From Route 1 South:

- From Hampton or points south, travel north on Route 1 until you pass Water Country on the left.
- Take the next left onto West Road.
- Follow West Road to stop sign and continue straight. You are now on Campus Drive which ends at the Community Campus.
- Park in the first parking lot on your left and enter the building through the Main Entrance.

Please call us at (603)430-7668 if needed.